

#### 2024-2025 HARTA OFFICERS

President	. Linda Spiro
1ST VP Membership	. Bobby McAndrews
2nd VP Books & PR	. Chris Pieknik
3rd VP Programs	. Janie Branham
Secretary	. Margaret Fahrenthold
Treasurer	. John Widmier
Parliamentarian	. Carolyn Monroe
Immed. Past President	. Brenda Pearson
Newsletter Editor	. Marjorie Isgitt

#### HARTA MEETING DATES AND PROGRAMS 2024-2025

August 19: Welcome Back and Pot Luck Luncheon

September 9: Safety (Vicky Stansifer)

October 21: Literacy Now (Precious Daniels)

**December 9**: School Choir and Pot Luck Luncheon

February 10: TRTA Legislative Agenda (James Ellis, Mary

Widmier, Janie Branham)

April 14: J's House foster care group home for boys with

emotional disabilities (Nanette Lynch)

May 19: Installation/Awards and Pot Luck Luncheon

Social time—9:30 a.m.; Meeting—10:00 a.m. Eggers ISC, 4810 Magnolia Cove Dr., Kingwood, TX 77345

#### **HARTA Webpage:**

https://hartamembers2.wixsite.com/humblearearetired or go to www.trta.org, Districts & chapters, District 4, scroll down

#### **HARTA Facebook:**

https://www.facebook.com/humblearearetiredteachers

Need to contact us? hartamembers2@gmail.com

The Voice of all Public Education Retirees





#### MESSAGE FROM PRESIDENT LINDA SPIRO

"Your job as a leader is to build bridges, not walls."

— Reed Markham

At the May installation the HARTA leadership team will recommit to continue building bridges to community organizations and to keeping legislators informed in addition to making HARTA a fun and fulfilling organization.

Another chance to bridge a community need will occur at the October program with the opportunity to donate books to the Storybook Project whereby incarcerated parents record themselves reading a story to their children, or in the case of the BAMBI project, get to read the story directly to their infant. If you want an early start on book shopping, please see the HARTA website for a list of recommended books.

Don't forget that the May meeting also offers one more chance to bring new sneakers for children to wear at the start of the school year as well as care packages for adults as described elsewhere in this newsletter and on the website. (We're using the website for important messages so that you don't have to search through old emails. Go to <a href="TRTA.org">TRTA.org</a>, Districts and Chapters, District 4 and scroll to Humble RTA.)

The May 19<sup>th</sup> meeting will also offer an opportunity to thank and recognize officers, committees, and members for their participation in creating HARTA's successes.

HARTA's year ends with a potluck luncheon, so be sure to join us and bring your favorite dish whether it be a main dish, dessert, appetizer, bread, or salad. It's always fun to taste the food of our great HARTA cooks!

It's also fun to meet new members. If you know a fellow educator who has never been a member of HARTA or TRTA, invite them to the June 3 Lunch and Learn at Italiano's in Atascocita at 11:30 am. You'll get a free meal, and they'll get the free meal plus a year's free membership in HARTA and TRTA. If interested, please RSVP to Bobby McAndrews at harta1styp@gmail.com.

Have a safe and happy summer and we'll see you again August 18 if not before on one of the fun HARTA trips.



MAY PROGRAM
- Janie Branham

This is a quick reminder that we are having a potluck luncheon at the May meeting; therefore, there will be no invited speaker for this event. Bring your favorite dish to share. It may be a main dish, dessert, appetizer, bread, or salad. Hope to see you there.

Congressman Dan Crenshaw is the September speaker.

#### **FUTURE MEETING DATES:**

August 18, 2025
September 15, 2025
October 13, 2025
December 8, 2025
February 9, 2026
April 13, 2026
May 18, 2026

Put these dates on your calendar!



BOOK PROJECT
- Chris Pieknik

As of April 30<sup>th</sup>, HARTA has distributed 6,744 books. At the end of March, we had already shared 4,519 books and since then, we have given out 550 books at the Gardenfest and 1,300 books at Easter in the Park. These were wonderfully successful events thanks to our volunteers who worked diligently and joyfully to help readers to find the books that were meant for them. In addition, we also gave 138 books to the Magdalene House Food Pantry, 24 books to J's House, 10 books to Creativity Shell, and 3 books to Garden of Hope. Thank you to everyone who donated books, helped at the book giveaway, or shared the news of our events with friends and family. You are making this effort possible!

#### Fourth of July-Town Center from 3-8 PM

HARTA will be participating in the July 4<sup>th</sup> Celebration at Town Center. The event is scheduled from 3 PM until 9 PM, but we will be there until about 8 PM. Volunteers are needed for setup from 1:30 PM-3 PM and hour long shifts from 3PM until 8 PM. We need at least two people to help distribute books and one person devoted to collecting nominations for Readers Love Teachers on each shift for a total of 18 volunteers, but we can manage with fewer if some volunteers are willing to work for more than one hour. Please sign up at the next meeting or contact me by phone, text or email. Chris Pieknik



READERS LOVE TEACHERS: Woodland Hills, teachers Alison Alford, 2<sup>nd</sup> grade (red shirt), Megan Cagle, 3<sup>rd</sup> grade (green shirt), Principal Cindy Barker.

# Happy Birthday

MAY		JUNE		JULY		
Lisa Grayson	2-May	Lisa A. Krueger	1-Jun	Judy Janak	1-Jul	
Carole Hood	2-May	Teri Rich	1-Jun	Vicki Josey	1-Jul	
Pat Winicki	3-May	Linda (Lindy) Hood White	1-Jun	Barbara Probandt	1-Jul	
Mary Anne Schmid	4-May	Teresa Roseland	2-Jun	Francis Cummings	3-Jul	
Barbara Hamilton	5-May	Carla Hopkins	3-Jun	Gloria Martin	3-Jul	
Sue (Cynthia) McKinnon	5-May	Ruth Carter	4-Jun	Neal Quillin	3-Jul	
Jim Pinkerton	5-May	Dinorah (Angie) Clark	4-Jun	Bill Simister	4-Jul	
Tina Smith	5-May	Robert Scarfo	4-Jun	Sandra Fountain	5-Jul	
Sandra Wright	6-May	Vicki Stewart	4-Jun	Marilyn (Susan) Martin	5-Jul	
Linda Spiro	7-May	Janet Brink	6-Jun	Troy Anthony	6-Jul	
Shelby Bradley	8-May	Denise Fuhrman	8-Jun	Sharon Bagley	6-Jul	
Elizabeth (Liz) Brod	8-May	Carrie Keith	8-Jun	Gail Lynch	6-Jul	
Levetea Penton	9-May	Carolyn Kuykendall	8-Jun	Carol Shackouls	8-Jul	
Elaine Say	9-May	Cynthia (Cindy) Likos	11-Jun	Carolyn Farley	9-Jul	
JoAnn (Joni) McEvoy	11-May	Bev Germann	14-Jun	Elizabeth (Libby) Boyce	10-Jul	
Bonnie Salinas	11-May	Mary Martin	15-Jun	Kristopher Gilmore	11-Jul	
Mary (Mimi) Buchman	12-May	Jose Montes	15-Jun	Asdrubal "Dru" Gutierrez	11-Jul	
Erhard (Eric) Linnes	12-May	Patsy Bondzio	16-Jun	Elaine Stephens	12-Jul	
Susan Barrow	13-May	Janie Branham	16-Jun	Diane Tannehill	12-Jul	
Glenda Carriere	13-May	Eileen Debo	16-Jun	LouisaTrana	12-Jul	
Carol Sue Ling	15-May	Mary Fitzgerald	16-Jun	Catherine Gilley	15-Jul	
Carol Ann (Ann) Hays	17-May	Rhonda Ellis	17-Jun	Diane Blanco Norton	17-Jul	
Thaya Elrod	20-May	Carol Parten	18-Jun	Belinda Zoet King	17-Jul	
Joyce Horton	21-May	Janet Kuhl	20-Jun	Billie Lee	17-Jul	
John Miller	21-May	Kathy Spirakes	21-Jun	Rosalinda (Rosie) Quintero	17-Jul	
Dionicio (Nick) Vallejo	21-May	Josie Robinson	22-Jun	Beckye Hendricks	19-Jul	
Madeleine Wilson	22-May	Cordelia (Didi) Jordan	23-Jun	Suzanne Baker	20-Jul	
Cil Stitt	24-May	Janet King	24-Jun	Claudette McKee	20-Jul	
Laura Hawley	25-May	Julia Nation	24-Jun	Pamela (Pam) Snapp	20-Jul	
Marsha Miller	26-May	Christie Stinson	24-Jun	Dianne Lansden	21-Jul	
Karen Boughton	28-May	Jamie Tisdale	25-Jun	Linda Winans	21-Jul	
Diane Sconzo	29-May	Alice Blazek	26-Jun	Mary Bogenschutz	22-Jul	
		Vernon (James) Massey	26-Jun	Annette (Lee) Engelhardt	22-Jul	
		Linda Moore	27-Jun	Susan Polich	25-Jul	
		Nola (Gay) Pruitt	28-Jun	Gwendene Carter	26-Jul	
		Francene (Fran) Simister	29-Jun	Charlotte Johnson	26-Jul	
		Maria Rodriguez	30-Jun	Dawn Meador	27-Jul	
				Nancy Cezeaux	30-Jul	
				Billie Grod	30-Jul	
				Laurie Para	30-Jul	
				Sue Schreiner	31-Jul	



COMMUNITY VOLUNTEER
SERVICES (CVS)
- Patty Murphy

HARTA members stay busy with a variety of volunteer activities in the Humble/Kingwood area!! This month the spotlight is on a group of HARTA members who are also members of the Kingwood Women's Club. They are Latreca Black, Tina Smith, Claudette McKee, Sandra Fountain, Barbara Moynier, Mary Sanders, Kaye Reifschneider, and Diane Sconzo. Each of these women volunteers throughout the year at many different organizations in and around Kingwood. Just a few of the places that benefit from their time and service are Feed My Lambs, Society of St. Stephen, Vision and Hearing Screening in the schools, the Kingwood Library Bookstore, Mission NE, HAAM, and Black Cat Junction Resale Shop. Great job, ladies!

Be prepared to turn in your volunteer hours at the May 19<sup>th</sup> meeting **OR** you can text or email your hours to Patty at



HARTA VOLUNTEERS AT WORK



### INFORMATION AND PROTECTIVE SERVICES

- Virginia Cowen

#### Credit card /Loan Scam

#### Warnings of a credit card/ loan scam:

- ★ A lender who isn't interested in your credit history. A lender who doesn't care about your credit record should be a red flag. Banks and other legitimate lenders generally evaluate a borrower's creditworthiness and verify your application information before they guarantee credit even to creditworthy consumers.
- ★Upfront fees or fees that are not disclosed clearly or prominently. Scammers may say you've been approved for a loan, and then demand a fee before you can get the money. While legitimate lenders often charge application, appraisal, or credit report fees, they disclose their fees clearly, prominently and tell you up front. They take their fees from the amount you borrow, not from your wallet ahead of time. Legitimate fees usually are paid only after the loan is approved.
- ★A loan that is offered by phone. It is illegal for companies doing business in the U.S. by phone to promise you a loan and ask you to pay for it before they deliver.
- ★ A lender who uses a copy-cat name. Crooks give their companies names that sound like well-known or respected organizations and create slick websites.
- ★ Slick websites. Always get a company's phone number from the phone book or directory assistance, and call to check they are who they say they are. Get a physical address, too: a company that advertises a PO Box as its only address is one to be wary of.
- ★ A lender not registered in Texas. Lenders and loan brokers doing business in Texas are required to register with the Department of Banking. Checking registration does not guarantee that you will be happy with a lender, but it helps weed out the fakes.
- ★ A lender that asks you to wire money or pay an individual. Don't use a wire transfer service or send money orders for a loan. You have little recourse if there's a problem with a wire transaction, and legitimate lenders don't pressure their customers to wire funds. Just because you've received a slick promotion or an ad, don't assume it's a good deal or even legitimate. It's important to check out any potential lenders with the Department of Banking.



HEALTHY LIVING
- Linda Rhodes

#### Walking Backwards is the New Fitness Power

Walking backwards opens a world of health benefits. We are so accustomed to moving forward that our muscles have adapted to these movements. Walking backwards shakes up this routine, engaging different muscle groups, and challenging balance and coordination.

Physical therapists often incorporate backward walking (also called "retro walking") into treatment plans for various leg injuries and stroke rehabilitation because it helps improve balance, coordination, and range of motion in the hips, leading to better mobility and stability.

Try It: Simply take steps backward. Because you won't be able to see where you are going, it's smart to do this in a safe controlled environment.

#### **Healthy Recipe**

Healthy No-Bake Chocolate Peanut Butter Oatmeal Bars Ingredients:

- 1 cup natural peanut butter
- 1/3 cup honey or maple syrup
- 1 teaspoon vanilla extract
- 2 cups old-fashioned rolled oats
- 1/2 cup dark chocolate chips

#### Instructions:

- 1. In a large mixing bowl, combine peanut butter, honey (or maple syrup), and vanilla extract. Stir.
- 2. Add the oats to peanut butter mixture and stir until everything is well combined.
- 3. Press the mixture into a lined or greased 8X8 baking dish.
- 4. Melt the dark chocolate chips in a microwave safe bowl in 30 second increments, stirring between each interval, until smooth.
- 5. Pour melted chocolate over the oat mixture.
- 6. Refrigerate for at least 30 minutes or until set.
- 7. Cut into bars and serve.

Tip:

Store in an airtight container in refrigerator for up to 5 days or freeze up to two months.



MEMBERSHIP MATTERS
- Bobby McAndrews

Please be reminded that your 2024 – 2025 dues keep your membership active through June 30, 2025. Now is the time to renew your membership.

We are now accepting your renewal payments for the 2025 – 2026 membership year which will run from *July 1,* 2025 through June 30, 2026.

There are currently 145 paid TRTA members paid on the Humble ISD portal. Thank you to the 64 members who have renewed their HARTA dues for the upcoming year. Let's keep them coming.

At the May meeting, there will be a \$25 drawing for all new 2024-2025 members (never belonged to TRTA or HARTA before) who paid their own dues (not paid by AMBA or by HARTA raffle, etc.) There will also be a drawing for those who invited new members who joined both TRTA and HARTA (donors not eligible).

Thank you for helping HARTA to attract new members. Please invite your friends, former co-workers and any retired school employee to join us for a FREE Lunch and Learn event on *Tuesday, June 3, 2025 at 11:30 am* at Italiano's Atascocita, 8146 FM 1960 East, Atascocita, TX 77346.

We are stronger when we come together for a common purpose. The work you do to advocate for retired school employees as well as current teachers and students is commendable. Let's spread the word and give all retired school employees the same opportunity to serve our community. While we work hard together, we also have much fun together, attending shows, museums, restaurants, games, trips and many other fun outings. Why would any young at heart retired person not want to belong to HARTA?

We also have a NEW member directory and there are only 30 copies left, so get yours now. One can be yours for only \$2.00 (first come, first served). For those who would like to have a copy of the directory, be sure to come to the May membership meeting. For privacy and commercial security reasons, the directory is not available in electronic format.

Please take a moment to visit our website and Facebook group. It's easy, simply go to <a href="https://www.trta.org">www.trta.org</a> - click on Districts and Chapters > District 4 and scroll to Humble RTA.

If you are a donor, please consider the benefits of joining as a non-annuitant member in 2025-26. Paying the additional \$35 to join TRTA allows you access to support teacher initiatives, to enjoy membership discounts and to purchase AMBA's member services and discounts.

Everyone who has attended any of the last 4 HARTA meetings should have a new name tag. If you did not have one, or if yours requires changes, please let me know by sending an email to <a href="mailto:harta1stvp@gmail.com">harta1stvp@gmail.com</a>.

Thank you for being a HARTA Member.



TREASURER'S CORNER
- John Widmier

As of May 1, 2025, HARTA has a balance of \$24,522.00 in the Business Checking Account at PNC Bank.

The Certificate of Deposit held at PNC Bank earned \$39.68 in interest on April 22, 2025 and now has a balance of \$11,243.46

The Endowed Fund with the Humble ISD Education Foundation had a balance of \$38,125 at the end of the first quarter of 2025 (March 31, 2025), which is \$165 less than the balance at the end of the fourth quarter of 2024.

Just a reminder that TRTA and HARTA dues for 2025-26 are now payable. You may find it easier to pay your TRTA (\$35) and HARTA (\$10) dues at the same time with one payment of \$45. When I receive your TRTA payment I will enter your name and directory information into the TRTA portal and you will be paid through June 30, 2026.

If you have any questions regarding HARTA's finances, please feel free to contact me at



HARTA member Trilla Cook has generously donated a basket to raffle at the May meeting. It includes a signed copy of her children's book and items related to it (stuffed animals, etc.). Tickets are \$1 each or \$5 for six. The basket value is \$60-\$70.



LEGISLATIVE NEWS
- James Ellis

The end of the Government Pension Offset and the Windfall Elimination Provision (GPO/WEP) has opened up Social Security benefits for many of us who did not previously qualify and has increased payments to many who did. Benefit payments, increases, and several months of back payments have begun arriving for some. Members of Congressman Dan Crenshaw's staff have specifically asked to be contacted by any who are having trouble with applications or who question decisions made by the Social Security administration. You can go to your congressman's website (for example, <a href="www.crenshaw.house.gov">www.crenshaw.house.gov</a>) and find a link called "Services" or something similar to reach a staff member who can help you.

At the state level, the debate over private school vouchers has soaked up most of the attention to education issues. The state House and Senate have each passed proposed state budgets, including funds for TRS and our health insurance. A conference committee will reconcile differences and present a compromise bill to both houses, probably in the last days of the session. Watch the TRTA website and the Inside Line for any late developments regarding TRS or our health insurance program. Executive Director Tim Lee goes live online almost every Friday afternoon to explain any matters about which we need to contact our own legislators. Legislative action heats up in these last weeks of a regular session as bills clear their committees or move from one house to the other. Don't be shy about contacting those offices; they expect it and respect informed opinions.



## FOUNDATION NEWS - Glenda Laney

Because we will be sharing food at our May meeting, I will not set out the red

Foundation envelopes. However, if you want to make a donation, look on the back page of "The Voice," and there is a column listing the programs supported by the Foundation. You can send a donation for your preferred program directly to the Austin office.

Thank you for your support.



#### **MEMBER BENEFITS**

- Beckye Hendricks

#### **GUIDE TO YOUR TRTA** MEMBER BENEFITS



#### **Dental & Vision Plans**

Flexibility and Freedom are the words best described when it comes to your Dental and Vision plans, Easy-to-use, broad coverage and discounts with a wide range of providers.



#### **Medicare Solutions**

Medicare doesn't provide all the coverage you need and can lead to high out-of-pocket costs such as deductibles, co-insurance and co-pays. That's where a Medicare coverage plan comes in.

Please Note: TRTA strongly supports TRS-Care. There are certain provisions that may impact your future eligibility. Please contact 888-237-6762 for questions.



#### Medical Air Services Association (MASA)

MASA is dedicated to providing life-saving emergency assistance from home or whi traveling. The coverage is designed to protect members against catastrophic financial loss when emergencies arise.



#### **Hospital Stay Coverage**

A plan designed to help protect your savings and security for the future. This insurance can help offset the cost of deductibles. co-pays, and unexpected or additional expenses incurred but not covered by other insurance plans.





#### Home Health Care Insurance This policy is designed as an affordable

solution that helps give you the flexibility and freedom to utilize the type of care that's right for you - in your very own home



#### Long Term Care Insurance

AMBA will build a policy to match your needs. You select the daily benefit amount. elimination period, and benefit period which best suits your needs for care.



#### Cancer, Heart and Stroke, Accident and Disability Insurances

Benefits paid directly to you. You select the benefit level that best suits your needs.



#### Life Insurance

You can choose plans that protect your family now and at the end of life. Easy issue and Traditional plans available



#### Tax-Deferred Asset Protection

Tax-deferred accumulation of interest for qualified or non-qualified funds with the ability to participate in market gains with no downside risk. No underwriting required. Multiple options with lifetime income and Long Term Care benefits available.



"So no foot is left behind"



#### BACK TO SCHOOL SNEAKER NEEDS

Every child deserves new back-to-school sneakers. This project strives to provide new sneakers to kids K-12 thru HAAM.

Donations of new sneakers accepted May 2nd through August 15th at:

HAAM Social Services 1302 First Street in Humble.

Our goal is to provide new sneakers to every child in need in Humble ISD.

For more information and new sneaker donations, please contact Trilla at trillacook@gmail.com.

#### WE HAVE AN OPPORTUNITY TO BRING CHILDREN'S **SNEAKERS AND CARE KITS TO OUR MAY MEETING**

to be distributed by Humble Area Assistance Ministries (HAAM). Trilla Cook will take the items to HAAM.

Please join us in making these simple, yet extremely useful, kits to donate to HAAM to give Hope and a Promise to women who need it most!

The items are all found at Dollar Tree! I found gallon size Ziploc bags there and used this list of 8 items for each

- 1. Bluey or Arm & Hammer 3 in one body wash, shampoo and conditioner
- 2. Toothbrush with holder (these come three in a pack and can be separated) or individual ones
- 3. Crest toothpaste travel size (or larger)
- 4. Crest mouthwash travel size
- 5. Hand and Body cream Udderly Smooth or similar
- 6. Deodorant Lady Speed Stick or equivalent
- 7. Magic towel expands in water (it's a washcloth)
- 8. Lip Balm any packaging

You may need to substitute brands that will fit inside the bag, and stay within the suggested items or similar items.

Please write "Care Kit" on each bag. Thank you for your generosity.



#### Books!

Please remember to bring **new or gently used books** to the meeting. We can use as many as you can provide. Thank you.

#### Those who volunteered for the May Meeting:

Those bringing beverages are:

Gloria Ingram-Smith

Patti Sano

Diane Hancock

#### Those bringing water are:

Cathy Shepeard Margaret Fahrenthold

Carolyn Monroe Janet Orth

Those bringing snacks are:

Gloria Ingram-Smith Virginia Cowen Trilla Cook Chris Pieknik

Mona Thompson

#### Those bringing Door Prizes are:

Carolyn Mashburn Patti Sano

Diane Hancock Delores McCarter
Mona Thompson Susan LeMaster
Artie DeHart Janet Roberts
Janie Branham Cindy Piggott



Friendship and fun on a HARTA Tour



#### HARTA Partners with Sleep in Heavenly Peace

HARTA members help to deliver beds, bedding, books and book bags to children who would otherwise be sleeping on the floor. What a wonderful thing!

Thank you to HARTA members who volunteer time or provide bedding. Deliveries are made each month. Use their link to volunteer and sign up for the next delivery.

https://shpbeds.org/volunteer/







HARTA Volunteers deliver beds to Aiden and Raylyn



#### TRIPS AND TOURS

#### - HARTA MEMBER SPONSORS

All trips are sponsored by HARTA members. Please sign up at the meetings or contact the trip sponsor. **Some trips require pre-payment which can be done at the meeting.** 

We are excited to announce that HARTA members have an opportunity to attend the **Astros vs. Minnesota Twins** game on **June 13, 2025**. The bus leaves the Humble ISD



Instructional Support Center at 5:00 PM and returns at 11:45 PM. Tickets are free, but bring \$10 for the bus driver's meal with any surplus going to scholarships. The game starts at 7:10.

#### Honky Tonk Laundry at Stages Theater on July 31st

This trip is sold out. There are also 5 people on a waitlist who will be notified if anyone cancels. If you have not yet paid, please bring a check made out to "HARTA" to the May 19th meeting. Those who do not pay may lose their spot to someone on the waitlist.



In the meantime, if you are interested, you might try to call Judith with Group Sales to see if she still has tickets available at the group rate she gave to HARTA. Her number

is 713-527-0123. If she cannot offer the same rate (around \$45), perhaps you can still get tickets for the same show at another price point. (July 31st, 7 PM Showing of Honky Tonk Laundry)

If you are able to obtain tickets on your own, please let Bobby McAndrews know. You may still ride the bus for \$5.

During Houston Restaurant Week, HARTA members will dine at **Brennans** on **Wednesday**, **August 13**. The bus will

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leave at 10:30 am from the ISC. The cost of the trip is \$5 for the bus, plus the cost of lunch. In the past, the lunch has been priced at under \$30, but we don't know

what the cost will be this year. Please contact Brenda Pearson.



#### **ROAD SCHOLAR TOURS 2026**

- Carolyn Mashburn

HARTA is sponsoring An Exclusive Learning Adventure for HARTA Members, our friends, and our relatives. The Program is # 12392 – Monumental DC, and the dates are Monday, April 27 to Friday, May 1, 2026. Potentially, we can add \$2,400.00 to the HARTA Scholarship and Grants for Teachers projects if we take 25 people on this trip.

#### **Program Prices:**

Double Occupancy: \$1,999Single Occupancy: \$2,589

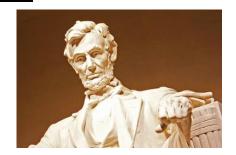
**Activity Level: Keep the Pace** – Walking 2-3 miles per day during field trips over level terrain; extended standing. Monuments accessible by elevator.

#### The Program Price Includes:

- 4 nights of accommodations
- · 10 meals (4 B, 3 L, 3 D)
- 2 expert-led lectures
- 14 expert-led field trips
- · Group travel and transfers
- · A Group Leader to accompany you
- Modest gratuities, taxes and destination fees
- The Road Scholar Assurance Plan, including 24-hour assistance for medical and other emergencies

Our accommodations are at The National Landing Hotel Crystal City, 4 nights. This is a Full service hotel located above Arlington's Crystal City metro subway station just three stops from National Mall. As a BONUS to us at no extra cost, Den Crenshaw's office is scheduling a White House tour on Friday morning and John Cornyn's office is planning a Capitol tour and reception.

CONTACT CAROLYN MASHBURN if you are interested at





Updated March 2025

## HARTA MEMBERSHIP FORM for Enrollment or Renewal (Please fill in all blanks)

Name		Date _	New M	lember	Renewing			
		Cit	ty	State	_ Zip			
Birthday: Mo [	Day Cell P	hone	_ and/or Home Phone					
Email			TRTA Member # (if known)					
I receive a monthly a    am paying     already pay   lalready pay   have alread   I do not receive   am paying     already pay   have alread	nnuity from TR poth my TRTA dues m my TRTA dues m my TRTA dues m y paid my TRTA d a monthly ann poth my TRTA dues m my TRTA dues m my TRTA dues m	es of \$35 and my HARTA due nonthly by TRS annuity auto nonthly by bank draft auto dues of \$35 by check or creduity from TRS, but I wan es of \$35 and my HARTA due nonthly by bank draft auto dues of \$35 by check or creduits of \$35 by check or creduits of who wishes to support in the support i	ues of \$10. I owe \$45. o deduction, I am paying deduction, I am paying my dit card. I am paying my tarta group benefitsues of \$10. I owe \$45. deduction, I am paying my dit card. I am paying my dit card. I am paying my	i my HARTA d my HARTA die y HARTA due <b>s.</b> my HARTA di	dues. I owe \$10. ues. I owe \$10. es only. I owe \$10. ues. I owe \$10.			
Designate donati Or Donation Hon Address to notify	on to: Ger oring (Name) honoree (if desir	neral Funds or Sc red)	holarship Funds or		re Needed  5102, Kingwood, TX 77325			
* For the HARTA d  Please include  Please include	irectory & pub le my name, add le my name only		your choices below. # and birthday (no year nclude me in the directo	(Donors a ) ory (opt out o	re listed only by name.) entirely)			